



**Proposed Policy 2022-2023**  
**Study association Psychology in Nijmegen**

**Tim Bakker – Candidate Chair**

**Tjerk Adema – Candidate Secretary**

**Jana Schneider – Candidate Treasurer**

**Jaldert-Jetse Deelstra – Candidate Formal Internal Affairs Officer**

**Judith Oomen – Candidate Informal Internal Affairs Officer**

**Laura Naemi Alders – Candidate Academic Relations Officer**

**Liese van Eldik – Candidate External Affairs Officer**

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## 2 1. PREFACE

3 Dear General Members' Assembly,

4 The document presented in front of you contains the proposed policy of the XV<sup>th</sup> candidate board of  
5 Study Association Psychology in Nijmegen (SPiN). This document comprises all plans and ideas that  
6 the XV<sup>th</sup> candidate board wants to accomplish in the upcoming academic year. Over the past few  
7 months, the XV<sup>th</sup> candidate board has worked on this proposed policy with a lot of enthusiasm and  
8 dedication and is proud to contribute to the development of SPiN.

9 In the past years, SPiN has grown tremendously as an association. With the contribution of previous  
10 boards and members who did their utmost to contribute to SPiN, the association has grown to be a  
11 solid and professional study association. The XV<sup>th</sup> candidate board is proud to continue this  
12 development and will do their utmost to achieve the set goals.

13 This year, the XV<sup>th</sup> candidate board has three main goals for the association: Hospitality, Personal  
14 Development, and Involvement. The first goal for this academic year is Hospitality. Psychology is a  
15 study program with lots of members from all around the world with different cultures. The XV<sup>th</sup>  
16 candidate board wants to make members feel at home and try to connect people within the  
17 association. The second goal of this year is Personal Development. The XV<sup>th</sup> candidate board wants  
18 SPiN to be a place where people can work on their personal development by obtaining new  
19 connections and skills. The final goal of this academic year is Involvement. The XV<sup>th</sup> candidate board  
20 wishes to strengthen each member's commitment to the association by providing them with  
21 opportunities to feel involved with and appreciated by SPiN.

22 The XV<sup>th</sup> candidate board is looking forward to an extraordinary time. The XV<sup>th</sup> candidate board is  
23 enthusiastic and eager to start a wonderful year with all members of SPiN.

24 Yours faithfully,

25 The XV<sup>th</sup> candidate board of Study Association Psychology in Nijmegen

## 26 **2. LUSTRUM**

27 In this association year, SPiN will turn fifteen years old and thus celebrates her third lustrum. In the  
28 academic year 2021-2022, a Lustrum committee was formed. This committee is in charge of  
29 organizing the lustrum activities and will be continued this academic year. Two members of the XV<sup>th</sup>  
30 candidate board will join the Lustrum committee. The Lustrum committee will thus consist of ten  
31 people this year. Aside from the Lustrum committee, another committee was formed for the  
32 lustrum, the Almanac committee. This committee will also be continued.

33 The Lustrum committee will be responsible for this year's gala as well as several other formal and  
34 informal activities. The Almanac committee will create the almanac which will temporarily replace  
35 the yearbook. Because the Lustrum and Almanac committee have taken on tasks of other  
36 committees, some committees will be altered or inactive this year.

37 Together with the XIV<sup>th</sup> board and the Lustrum committee, the XV<sup>th</sup> candidate board has decided to  
38 place all lustrum activities within several weeks in April and May of 2023. This decision was based on  
39 the advice of other lustrum boards who stated that their members reacted more positively about  
40 placing all lustrum activities within a shorter period than having the activities take place throughout  
41 the association year. Furthermore, the XV<sup>th</sup> candidate board expects to be able to promote the  
42 lustrum better when the activities take place within a shorter amount of time.

## 43 **3. HOSPITALITY**

44 Hospitality is the friendly and welcoming reception towards others. Over the past few years, SPiN has  
45 grown into a beautiful association that sees a lot of different cultures and backgrounds. The XV<sup>th</sup>  
46 candidate board wants all members of SPiN to genuinely feel welcome in a place that might be very  
47 different from what they are used to back home. The XV<sup>th</sup> candidate board believes this can be  
48 realized by making SPiN more accessible and creating a celebratory environment where people are  
49 given the opportunity to express themselves and get to know others. As hospitality is a very broad  
50 topic, the XV<sup>th</sup> candidate board wants to focus on the ways that students feel invited within the  
51 association. Although SPiN is already a welcoming association to many members who feel right at  
52 home, this is not the case for everyone as some might still feel a threshold for getting to know SPiN  
53 better. This threshold can either be because of functional or social reasons. By implementing ideas in  
54 which these members will feel more represented and validated, this threshold can be lowered.

### 55 **3.1 Culture Committee**

56 Within SPiN, there are a lot of members from different nationalities and backgrounds, who have  
57 different and unique cultures. The XV<sup>th</sup> candidate board wants to create an environment where  
58 people from different cultures can not only feel at home but are also given the opportunity to  
59 express and celebrate those cultures. To achieve this goal, the Culture committee will be created. In  
60 the activities organized by this committee, members can share and celebrate cultures together,  
61 which will connect people from different backgrounds. The committee has freedom in organizing the

62 activities, as long as a specific culture or cultures are the central point of the activity, and participants  
63 can get an insight into the customs and habits of the cultures presented. The Culture committee will  
64 organize three activities throughout the year.

### 65 3.2 SPiN Website

66 The current website of SPiN was introduced during the board year of the IX<sup>th</sup> board. In the years  
67 following the release of the website, technology advanced at a rapid pace, which made it difficult to  
68 keep the website up to date. Furthermore, many web pages were not deleted or updated regularly,  
69 which could confuse members because of the misinformation on the website. A lot of pages also  
70 miss the English translation, or the site automatically switches back to Dutch. The XV<sup>th</sup> candidate  
71 board wants to create a more appealing and user-friendly website, which should be a platform where  
72 future, present, and former members together with external parties can easily find information  
73 about several subjects. New members and external parties should feel invited to become involved  
74 with SPiN via the website. The XV<sup>th</sup> candidate board wants to tackle these issues by creating a  
75 website taskforce. The objective of the task force is to make the website more inviting and easily  
76 accessible. They will first make a list of what should be improved and whether this can be achieved  
77 by improving the current website or by making an entirely new website. As a result of this list, the  
78 necessary parties, for example, different website providers, will be contacted about the costs and  
79 possibilities and compared with each other to see which fits best. At the biannual GMA, the taskforce  
80 will present which party is suited for tackling the website and what the costs will be. After the  
81 biannual GMA, the taskforce will go into business with the chosen party and finalise an agreement.  
82 The taskforce will consist of two members of the XV<sup>th</sup> candidate board and former board members.

## 83 4. PERSONAL DEVELOPMENT

84 Personal development refers to the personal and professional development of SPiN members and in  
85 what way SPiN can encourage this development. For many psychology students, their prospective  
86 career plays a big role in their daily life. Considering the choice of specific courses, the opportunities  
87 for domain-specific internships and other uncertainties, navigating through an academic career can  
88 be quite a challenge. The XV<sup>th</sup> candidate board wants to help psychology students prepare for their  
89 future by providing opportunities for learning new skills and making connections. SPiN can be at the  
90 forefront of helping psychology students prepare for their professional future by providing services  
91 to members in different phases of their personal and professional development. The XV<sup>th</sup> candidate  
92 board believes a broader target group will be reached and the association will fulfil a larger role  
93 when providing new services for helping students in their personal development.

### 94 4.1 Networking Committee

95 The XV<sup>th</sup> candidate board wants to help SPiN's members develop on a professional level in as many  
96 ways as possible, so that they will not only profit from this in their present-day lives but in their later  
97 professional lives as well. As a study association, SPiN is in a position to provide her members with  
98 opportunities to do this during study-related activities. From expanding knowledge during lectures to

99 gaining new experiences during excursions. Although these activities already provide students with a  
100 better perspective of various psychological work fields, the XV<sup>th</sup> candidate board feels like these  
101 activities do not stimulate students enough to establish a real network of contacts within those work  
102 fields. Therefore, the XV<sup>th</sup> candidate board wants to introduce the Networking committee. Next to  
103 being an extra opportunity to learn more about working in the psychological sector, this committee  
104 fills the gap for the students that have already done orientation and want to get more out of it. This  
105 could be the next step in investing in their future by connecting with the people from within their  
106 desired fields.

107 The Networking committee will organize one activity each semester with the main goal of developing  
108 interpersonal connections between students and professionals. During these activities, professionals  
109 from different psychological fields will be invited. The committee will have the freedom to decide  
110 how they want to fill in the activity itself but the XV<sup>th</sup> candidate board suggests keeping these  
111 activities in a more 'informal' setting. This is to really stimulate conversations instead of listening to  
112 formal presentations. Furthermore, a dedicated moment for exchanging contact information at the  
113 end of the activity is suggested as well as an opportunity for the professionals to advertise their  
114 company.

#### 115 **4.2 Skills 4 Skills**

116 Over the years, SPiN has offered many opportunities to improve skills in study groups, workshops, or  
117 lectures. With Skills 4 Skills, the XV<sup>th</sup> candidate board wants to propose a broader option to advance  
118 personal development. The goal of this intervention is to provide all members with an opportunity to  
119 come together and exchange knowledge and skills. Furthermore, it can increase and strengthen the  
120 connection between all members of the association.

121 It is planned that psychology students mention something they would feel confident in to explain to  
122 someone else, and in return, learn and improve desired skills themselves. These skills are not tied to  
123 a certain category but are open to a variety like studying, sports, or languages. To do so, they write  
124 their preferences on a piece of paper and put it on a corkboard. Additionally, members should  
125 indicate how they would like to be approached in case of a match, e.g., by their phone number,  
126 Instagram username, or asking a board member for their contact details. This information is placed  
127 on the backside of the sheet, so it is not accessible without removing the paper from the board to  
128 turn it around. The corkboard will be placed in a way that it can be seen from the board members in  
129 the SPiN room. This ensures a balance between people not feeling watched and supervision to  
130 prevent misuse. Participation in Skills 4 Skills will be promoted by a poster visible on the outside of  
131 the building, on social media, and in the e-mail newsletter. Additionally, the XV<sup>th</sup> candidate board will  
132 ask for permission to inform students about Skills 4 Skills via Brightspace and lecture talks. One board  
133 member will have the main responsibility for the intervention. This includes keeping track of the  
134 contents in a separate document, and manually matching people if a sheet is noticeably untouched  
135 for longer than one month. For this, holders of two matching cards are contacted via their indicated  
136 contact information and asked if they are interested in the exchange. After a trial period of six weeks,

137 the responsible board member will report the development to the rest of the board. If participation  
138 is low, further possibilities will be discussed, such as more extensive promotion or adjusting the  
139 intervention. An additional feedback form is planned, where the participants can indicate their  
140 opinion and suggestions for improvements.

## 141 5. INVOLVEMENT

142 The term involvement refers to the presence of SPiN in its members' lives. It entails how  
143 approachable and relatable SPiN aspires to be for all her members. The XV<sup>th</sup> candidate board believes  
144 that it is crucial that members identify with the organization and the causes that SPiN promotes. SPiN  
145 is there to support her members in stressful times as well as to relish the joyful moments together.  
146 The XV<sup>th</sup> candidate board believes that if members feel more involved with the association, more  
147 members will become active, join activities, and work together for even more unforgettable  
148 memories. With the following interventions, the XV<sup>th</sup> candidate board aims to strengthen the bond  
149 between the members and the association by giving them the opportunity to feel involved with and  
150 appreciated by SPiN.

### 151 5.1 Breakfast Club

152 A student's life can be stressful, fast-paced, and demanding. The XV<sup>th</sup> candidate board feels  
153 responsible for the well-being and care of its members. To help members cope with their stress  
154 throughout the study year, the XV<sup>th</sup> candidate board wants to introduce the Breakfast Club. The  
155 Breakfast Club aims to provide the members with an opportunity to slow down, mellow out, and take  
156 a breath before the start of a new study period. The XV<sup>th</sup> candidate board intends to achieve this goal  
157 by creating a slow-paced atmosphere in the SPiN common room where members can calmly sit  
158 down, converse, and alleviate stress after a stressful exam period. To create this atmosphere, the  
159 XV<sup>th</sup> candidate board will slightly alter the setup of the SPiN common room to make room for the  
160 bean bags and to have more space for the students to be able to sit down. To cancel out the harsh  
161 morning light, the blinds will be lowered, and soft lights will be installed throughout the SPiN room.  
162 Lastly, the usual upbeat SPiN common room music will be replaced by a calmer and more relaxing  
163 soundtrack. To aid the members further in their morning, the XV<sup>th</sup> candidate board will prepare and  
164 supply a more diverse assortment of coffee and hot drinks. To create this more diverse assortment of  
165 coffee, a milk frother will be purchased. These drinks will be prepared beforehand by board  
166 members on the common grounds to be consumed in the SPiN common room. Apart from the  
167 offered drinks, the XV<sup>th</sup> candidate board will also provide some breakfast snacks, e.g., croissants and  
168 fruits. There will be three Breakfast Club days during the association year. Each Breakfast Club will be  
169 at the start of a new study period, so the members can have a fresh, calm start into the new period.  
170 The Breakfast Club will be starting at 10:00, so the coffee and breakfast snacks are prepared before  
171 the first class is over. To promote the Breakfast Club, a sign will be put up in the hallway telling all  
172 members to head inside for the activity. Additionally, the XV<sup>th</sup> candidate board will go by lectures and  
173 make use of social media to promote the Breakfast Club in advance, and on the morning itself. The

174 Breakfast club ends at 12:15 after which the cozy setting of the SPiN room will return to its usual  
175 state.

## 176 5.2 Flashback Friday

177 In the past years, SPiN's Instagram account "spin\_\_stagram" has been increasingly used to promote  
178 activities and distribute information, even more so than other platforms (e.g., Facebook or the  
179 website). The XV<sup>th</sup> candidate board wants to continue using Instagram as the main social media  
180 platform and further increase its engagement. Therefore, Flashback Friday will be introduced. Every  
181 other Friday, there will be a post on Instagram with photos of activities that have taken place in the  
182 previous two weeks. There will be an exception during or right after exam weeks and holidays  
183 because there are no activities during those times. During those weeks, there may be photos  
184 included from activities that took place longer ago. The XV<sup>th</sup> candidate board believes that posting  
185 more photos of the activities on Instagram has the potential to not only make SPiN's Instagram page  
186 more diverse and appealing but also to promote future activities by showing how fun previous  
187 activities were, as looking back at an Instagram page only consisting of promotion does not capture  
188 the experience of an activity in the same way. The Media committee (which will be explained later in  
189 8.2.3), which also takes the photos at activities, will be asked to select some photos of each activity  
190 which will be available for Flashback Friday. Furthermore, the members of the Media committee will  
191 be asked to write a short story of their experience of the activity, so that people can read individual  
192 experiences of members in the caption. The XV<sup>th</sup> candidate board will post the final photos on  
193 Flashback Friday. The posts will also appear on the SPiN Facebook page.

## 194 5.3 Birthday Presents

195 The XV<sup>th</sup> candidate board agrees with the introduction of birthday presents of the XII<sup>th</sup> board to  
196 acknowledge and appreciate their connection with SPiN. With the advice of former boards and the  
197 prospective workload in mind, the XV<sup>th</sup> candidate board decided to not attempt sending automatic e-  
198 mails with birthday wishes. As a present, the XV<sup>th</sup> candidate board will arrange a birthday card, which  
199 includes a voucher for a free drink at a bar of one of SPiN's main sponsor contracts. This will not only  
200 be a direct incentive for the members to head into the SPiN common room, but also saves money as  
201 the XV<sup>th</sup> candidate board expect lower costs from this arrangement compared to last year's presents.  
202 Members can pick up their presents in the SPiN common room within two weeks of their birthday,  
203 excluding holidays. To promote members picking up their presents, social media and e-mail  
204 reminders via the newsletter will be used.

## 205 6. COVID-19

206 After the association year 2021-2022, it seems that the COVID-19 pandemic is largely under control.  
207 Even though there is a sense of safety, the XV<sup>th</sup> candidate board believes that it is still tremendously  
208 important to keep the COVID-19 protocol from the XIII<sup>th</sup> board in mind in case the rules regarding the  
209 pandemic change again. The world has learned from experience that COVID-19 behaves largely  
210 unpredictably, and it is a safer option to keep a possible new wave in mind for this year concerning

211 activities and different scenarios. The XV<sup>th</sup> candidate board will however change which parts of the  
212 protocol remain active and adapt accordingly during this association year.

### 213 **6.1 Physical activities**

214 The XV<sup>th</sup> candidate board prioritizes physical activities, as they are important for the social aspect and  
215 relation between members and the association. However, activities will return to online events if the  
216 situation does not allow physical activities for the members of SPiN. The XV<sup>th</sup> candidate board wants  
217 to keep the following rules in place, with the possibility that adjustments will be made throughout  
218 the year due to the changed restrictions and measures. The following long-term strategy issued by  
219 the Dutch government will be followed. If the circumstances deem it necessary, physical activities  
220 will be transferred to an online format if possible. The long-term strategy will be followed closely to  
221 ensure a possible transfer to online activities will occur as smoothly as possible.

#### 222 **6.1.1 Long-term strategy**

223 The Dutch government has issued a long-term strategy for the COVID-19 virus. The main goals of this  
224 strategy are to keep society as open as possible and to be prepared for different contamination  
225 scenarios. The government is keeping a close watch on the developments of the virus and will adapt  
226 accordingly by following one of four scenarios as stated by *Rijksoverheid.nl*:

- 227 – Cold scenario: There are mild symptoms, and this does not lead to great pressure on  
228 Dutch healthcare.
- 229 – Flu+ scenario: There is a more severe, flu-like course. This can lead to heavy strain on  
230 Dutch healthcare, especially if it coincides with a flu season.
- 231 – Continuous struggle scenario: Due to a new, more infectious variant, an uncertain or  
232 more severe course of disease, or declining immunity, there is a high risk of  
233 healthcare overload.
- 234 – Worst case scenario: There is (very) high morbidity and mortality, for example due to  
235 the emergence of a new variant, against which there is only limited protection.

236 After the right scenario has been chosen, the government discusses possible changes with the  
237 different sectors in the Netherlands. The XV<sup>th</sup> candidate board shall change the course of the  
238 association year accordingly.

## 239 **7. INTERNAL POLICY**

### 240 **7.1 Workload**

241 This year the third lustrum of SPiN will take place, which could lead to unforeseen fluctuations in the  
242 workload throughout the year. Like the XII<sup>th</sup>, XIII<sup>th</sup>, and XIV<sup>th</sup> boards, the XV<sup>th</sup> candidate board will  
243 keep the changes the XI<sup>th</sup> board initiated to reduce the workload of the board. These changes were  
244 put in place so board members can fulfil their functions while having enough time to study  
245 adequately and to spend time with friends and family. Lastly there will be two internal affairs officers  
246 this year, which reduces the number of committees the other board members should supervise.

247 **7.2 The SPiN common room**

248 This year, the XV<sup>th</sup> candidate board will open the SPiN common room during the same hours as the  
 249 XI<sup>th</sup>, XII<sup>th</sup>, and XIV<sup>th</sup> board. The room will be open from 10:15 until 14:30 from Mondays to Thursdays.  
 250 On Fridays and during the exam- and resit periods, the SPiN room will be opened from 10:15 until  
 251 13:30. This decision was based on the advice of the XIV<sup>th</sup> board. Furthermore, during holidays, the  
 252 room will be closed. During trips, there will be different opening hours than usual which will be  
 253 announced throughout the academic year.

254 **7.3 Personal Development of board members**

255 Just like in previous years, the chair will have at least two personal development plan interviews with  
 256 each board member. The vice chair will conduct the development plan interview with the chair.  
 257 Following the example of the XIV<sup>th</sup> board, the XV<sup>th</sup> candidate board will also have multiple small chair  
 258 talks during the year. These are informal and brief talks between the chair and the other board  
 259 members. These small chair talks will take place regularly. Additionally, taking after the examples of  
 260 previous boards, there will be feedback rounds and each member of the XV<sup>th</sup> candidate board will  
 261 have an individual coach. Just as in previous years, it will be mandatory for every board member to  
 262 meet with their coach at least once at the beginning of the year. After that, it will be optional to meet  
 263 with their coach throughout the rest of the year.

264 **7.4 Administration**

265 **7.4.1 Privacy**

266 The XII<sup>th</sup> board had planned on making the transition to Edugroepen, which was not pursued. Last  
 267 year, the university switched to Microsoft 365. However, the OneDrive of the association is currently  
 268 not under the license of the university. The XV<sup>th</sup> candidate board will continue the use of OneDrive  
 269 this year, keep up to date with new information, and follow the procedure of the university.

270 **7.4.2 Event promotion**

271 Promotion of the activities is important for SPiN. For that reason, the XIV<sup>th</sup> board made a fixed  
 272 promotion schedule for the promotion of activities. At the beginning of each month, an overview of  
 273 all the activities for that month will be posted and the ticket sale for every activity will start two  
 274 weeks before the activity. The XV<sup>th</sup> candidate board wants to continue this. The first promotion will  
 275 be one day in advance of the ticket sale at 13:00. This is a change from last year, in which the first  
 276 promotion and the ticket sale were on the same day. The XV<sup>th</sup> candidate board thinks that it is  
 277 favourable to have more time between the first promotion and the ticket sale. If an activity is on a  
 278 Monday, the first promotion will be on the Friday before the ticket sale, so 16 days in advance of the  
 279 activity. Furthermore, a reminder and a link to the ticket sale will be posted via an Instagram story on  
 280 the day of the ticket sale. The ticket sale will open at 19.00.

281 **7.4.3 Lay-out change official documents**

282 The XV<sup>th</sup> candidate board wants to implement a new lay-out for official documents presented at  
 283 general members' assemblies, such as policies and budget proposals. The new lay-out will be

284 designed in such a way that the SPiN logo on the background will less interfere with the text.  
285 Furthermore the (sub)headings will be altered so there is more room for the text on every page. The  
286 XV<sup>th</sup> candidate board wants to implement these changes to modernize the representation of the  
287 association and to make the text more appealing and easier to read.

## 288 8. COMMITTEES

### 289 8.1 Roles within committees

290 The roles within committees consist of the positions of chair, vice-chair, secretary, treasurer, and  
291 promotion officer. The other committee members with no specific function are appointed as 'general  
292 members'. Concerning the positions of chair, vice-chair, secretary, treasurer, and promotion officer,  
293 the XV<sup>th</sup> candidate board will provide training.

294 The vice-chair will be responsible for the social contact between committees. This means that the  
295 vice-chair is responsible for organizing committee-committee dates and committee-board dates. This  
296 was set up by the XIII<sup>th</sup> board and continued by the XIV<sup>th</sup> board. The XV<sup>th</sup> candidate board wants to  
297 continue this as well. Besides the social aspect, the vice-chair will also be responsible for selecting  
298 committee members who will go to the GMA's. Just as in previous years, the XV<sup>th</sup> candidate board  
299 thinks it is important that at least one member of every committee is present at every GMA. Giving  
300 the vice-chair this responsibility will help to achieve this goal.

301 To improve the communication between the committees and the Illustration committee, the XIV<sup>th</sup>  
302 board decided to make every member of the Illustration committee the contact person for a certain  
303 number of committees. Apart from that, they made the contact between the Illustration committee  
304 and promotion officers more accessible, for instance via WhatsApp instead of mail. The XV<sup>th</sup>  
305 candidate board wants to continue this. The poster request and final poster will still be sent via mail.

306 For the supporting committees (GMA committee, Financial Audit committee, the Acquisition  
307 committee, and the Illustration committee) a treasurer and promotion officer are not required, as  
308 these committees do not have a budget and do not need promotion. Regarding the GMA committee,  
309 the XV<sup>th</sup> candidate board will be responsible for the promotion of the GMA. Because the GMA  
310 committee and Financial Audit committee only consist of two persons, no vice-chair will be  
311 appointed to these committees.

312 Within the acquisition committee, two spots will be available for international members, which were  
313 implemented by the XII<sup>th</sup> board and continued by the XIII<sup>th</sup> board and XIV<sup>th</sup> board.

314 The committees are open to Dutch and international students. This also applies in the GMA's. These  
315 will be held in English, so both Dutch and international members can attend. However, following the  
316 procedure of previous boards, a proficient level of Dutch is required for the function of the technical

317 chair, since members might ask questions and give comments in Dutch. Additionally, the technical  
318 chair should be adequate to translate questions from English to Dutch and the other way around.

## 319 8.2 Changes

### 320 8.2.1 Cancelled committees

321 The XV<sup>th</sup> candidate board will remove two committees, as they have become redundant for this year.  
322 The first is the Gala committee and the second is the Sophomore committee.

323 The Gala committee will be cancelled for one year since a gala will already be organized as part of the  
324 lustrum this year. The XV<sup>th</sup> candidate board expects, however, that the XVI<sup>th</sup> board will add the Gala  
325 committee again in their board year.

326 The Sophomore committee was added by the XIV<sup>th</sup> board to give the students who only had an  
327 online introduction and online classes an opportunity to meet each other during offline activities. As  
328 the first-year students of 2021-2022 luckily did have chances to meet their fellow freshmen in real  
329 life from the start of the year on, the XV<sup>th</sup> candidate board feels that the need for a Sophomore  
330 committee has passed.

### 331 8.2.2 Added committees

332 This year, the XV<sup>th</sup> candidate board will introduce two new committees. The first committee is the  
333 Culture committee (see 3.1). This committee will organize activities that include and celebrate the  
334 many different cultures within the psychology programme. This committee will organize two small  
335 activities and one big activity. The second committee is the Networking committee (see 4.1). This  
336 committee will organize activities with the main purpose of creating a social network of professional  
337 contacts. This committee will organize two activities, one in each semester.

### 338 8.2.3 Changed committees/activities

339 The XV<sup>th</sup> candidate board has decided to make changes to three committees: the Media & Yearbook  
340 committee, the Lecture committee, and the Festivities committee.

341 The Media & Yearbook committee will be changed to the Media committee since there will not be a  
342 yearbook this year, but an almanac instead. Instead of a yearbook, the Media committee will get the  
343 extra task of preparing the photos and captions for Flashback Fridays on SPiN's social media (see 5.3).

344 The Lecture committee will organize only four lectures instead of five, as one lecture will already be a  
345 part of this year's lustrum.

346 The Festivities committee, usually in charge of the Insomnia party and the Dies celebration, will only  
347 focus on the Insomnia party this year, as this year there are the lustrum weeks instead of the Dies to  
348 celebrate SPiN's birthday. Therefore, the XV<sup>th</sup> candidate board wants to make the Insomnia  
349 committee a half-year committee this year.

350 **8.3 Overview of committees**

351 **8.3.1 Committees related to work field and study**

352 *Lecture committee*

353 This committee will organize four lectures of which one will be a collaboration with TOEP. This is a  
354 change from last year when the lecture committee organized five lectures.

355 *Networking committee*

356 This committee will organize two networking activities.

357 *Orientation committee*

358 This committee will organize Experience Your Future in collaboration with SPS-NIP.

359 *Workfield & Future committee*

360 This committee will organize four excursions and the Masters' evening.

361 *Workshop & Conference committee*

362 This committee will organize three workshops and a conference.

363 **8.3.2 Non-study-related committees**

364 *Culture committee*

365 This committee will organize three cultural-focused activities, of which two small and one big.

366 *Freshmen committee*

367 This committee consists of only freshmen and organizes its activities for freshmen only. This  
368 committee will organize three activities of which one is a barbecue.

369 *Festivities committee*

370 This committee will organize one Insomnia party. This is a change from last year in which the  
371 committee organized the Insomnia party and the Dies celebration. This committee is a half-year  
372 committee.

373 *Initiative committee*

374 This committee will organize six theme days. In addition, this committee provides eight exam deals.

375 *Integration committee*

376 This committee will organize three activities to allow students to integrate with fellow students  
377 and/or teachers. These activities concern the Freshmen weekend, one student-teacher activity, and  
378 one activity of choice.

379 *Lustrum committee*

380 This committee is responsible for organizing the celebrations of the third lustrum of SPiN. The  
381 committee will organize one gala, one lecture, a lustrum party and three activities of choice.

382 *Party & Drinks committee*

383 This committee will organize five theme parties and three drinks.

384 *SocialCie*

385 This committee will organize three activities for active members only. These activities concern the  
386 Active Members' Weekend and two activities of choice.

387 *SocioCultural committee*

388 This committee will organize Psypop and two activities of choice.

389 *Sports committee*

390 This committee will organize three sports activities of which one is the 'Batavierenrace'.

391 **8.3.3 Trip committees**

392 *City trip committee*

393 This committee will organize a city trip and one day trip.

394 *Ski trip committee*

395 This committee will organize a ski trip.

396 *Study trip committee*

397 This committee will organize a study trip. Parts of this trip are study-related, cultural, and social  
398 activities.

399 **8.3.4 Media committees**

400 *Almanac committee*

401 This committee will be responsible for making the Lustrum almanac.

402 *Magazine committee*

403 This committee will publish four editions of the magazine 'HersenSPiNsels'. Every edition will have 50  
404 copies.

405 *Media committee*

406 This committee will take or receive pictures of several activities and organize the storage of these  
407 pictures. These pictures will be used for the 'Flashback Fridays' on SPiN's social media. The  
408 committee will choose the pictures and write the captions for the 'Flashback Fridays'.

409 **8.3.5 Supporting committees**

410 *Acquisition committee*

411 This committee is responsible for all the acquisitions. Together with the External Affairs Officer, the  
412 committee will look for sponsorships, discounts, and handle sponsorship requests of committees.

413 *GMA committee*

414 GMA stands for General Members' Assembly. This committee is, in cooperation with the board,  
415 responsible for organizing the General Members' Assembly. The committee consists of a technical  
416 chair and a technical secretary.

417 *Illustration committee*

418 This committee will be responsible for making posters, flyers, banners, and the covers of the  
419 'HersenSPiNsels' throughout the year.

420 **8.3.6 Association institutions**

421 *Financial Audit committee*

422 The Financial Audit committee is the body that controls the association's accounting.

423 *Advisory Council*

424 The Advisory Council is a supportive point of contact for the board in case of questions or problems.  
425 They may give solicited or unsolicited advice to the board.

426 **9. EXTERNAL POLICY**

427 **9.1 Sponsorship**

428 This association year, the XV<sup>th</sup> candidate board strives to raise €7375 in sponsorship money. This will  
429 be done by fixed contracts and general sponsorship.

430 **9.1.1 Fixed contracts**

431 This association year, SPiN will be receiving a minimum of €875 from her sponsors De Waagh, Café  
432 de Fuik and Drie Gezusters.

433 SPiN will organize a constitution drink and the GMAs at De Waagh, who will in turn sponsor SPiN  
434 €500. Three drinks will be organized at Café de Fuik which will result in €375 in sponsorship money.

435 For every out-of-contract drink organized at Café de Fuik, SPiN will receive €125. SPiN will receive  
436 €150 for each party that will take place at Drie Gezusters and each drink will result in €75.

437 The XV<sup>th</sup> candidate board expects to receive €4750 from Athena by selling summaries in the SPiN  
438 common room and online. Furthermore, the XV<sup>th</sup> candidate board expects to receive €1000 from  
439 Athena for selling their exam training. The XV<sup>th</sup> candidate board expects to receive a total of €5750  
440 from Athena.

441 In total, SPiN will obtain a minimum of €6625 from her fixed contracts. The XV<sup>th</sup> candidate board  
442 expects that SPiN will receive a total of €7075 from her fixed contracts and bars due to bonus  
443 arrangements.

### 444 **9.1.2 General sponsoring**

445 Aside from the sponsorship money SPiN will receive from her fixed contracts, the XV<sup>th</sup> candidate  
446 board will strive to obtain €300 for general sponsoring through advertisement and vacancies of  
447 external parties.

### 448 **9.2 SPiN-discount**

449 In addition to continuing existing collaborations, the XV<sup>th</sup> candidate board will, together with the  
450 Acquisition committee, actively search for new collaborations.

### 451 **9.3 Athena**

452 The XV<sup>th</sup> candidate board has revised the agreement with Athena. Athena offers summaries of  
453 almost all bachelor courses, exam training, and bachelor thesis guidance. SPiN will receive 7,5% of  
454 the net turnover from the summaries sold in the SPiN common room or online, with a minimum  
455 sponsorship of €2000. Furthermore, SPiN will receive 5% of the turnover from the exam training  
456 when the discount code is used, with a minimum sponsorship of €1000. Each time a discount code is  
457 used for the bachelor thesis guidance, SPiN will receive €10. The contract will last until September  
458 1st, 2023. The contract will be tacitly renewed every year if both parties do not terminate the  
459 contract. SPiN receives 5% of the entire net turnover from AthenaStudies Psychology at Nijmegen,  
460 with a minimum sponsorship of €500.

### 461 **9.4 Book contracts**

462 SPiN will have a contract with Studystore for at least a year. Studystore is the book supplier for the  
463 literature of all bachelor years and some master courses as well. SPiN obtains 6% of the sales  
464 revenue.

### 465 **9.5 Alumni**

466 The XV<sup>th</sup> candidate board will follow previous boards in organizing a joint alumni activity. This activity  
467 will be organized by the XV<sup>th</sup> candidate board in collaboration with other study associations of the  
468 Faculty of Social Sciences and the alumni officer. These associations are Mycelium, Postelein, Den  
469 Geitenwollen Soc, Cognac, and Umoja. The alumni activity will be an opportunity for alumni to share  
470 their skills and help graduating students.

471 **10. EPILOGUE**

472 Dear General Members' Assembly,

473 In the previous pages, the proposed policy of the association year 2022-2023 has been presented to  
474 you. In this proposed policy, the focal points were Hospitality, Personal Development, and  
475 Involvement.

476 The XV<sup>th</sup> candidate board hopes that the interventions stated in this proposed policy will make each  
477 member of SPiN feel that they are being heard and involved within the association. A lot of SPiN's  
478 members use their leisure time and cultural knowledge to broaden the association's horizon and with  
479 that comes the responsibility to make them feel at home. Furthermore, there has been given extra  
480 attention to expanding personal and professional possibilities for the association's members and  
481 improving the foundational infrastructure previous boards have provided to make the association  
482 accessible.

483 This proposed policy plan could not have been put together without the help of previous boards. The  
484 XV<sup>th</sup> candidate board would like to thank all previous boards, the XIV<sup>th</sup> board in particular, for all their  
485 help, advice, and guidance during the process of writing this proposed policy. The XV<sup>th</sup> candidate  
486 board would also like to mention the Advisory Council for their valued contribution to the creation of  
487 this proposed policy.

488 The XV<sup>th</sup> candidate board aims to make this a wonderful year for everyone involved with SPiN. The  
489 XV<sup>th</sup> candidate board is looking forward to the upcoming year, in which hopefully all the goals and  
490 plans, as laid out in this proposed policy, will be realized.

491 Yours faithfully,

492 The XV<sup>th</sup> candidate board of Study Association Psychology in Nijmegen

493 Tim Bakker

494 Tjerk Adema

495 Jana Schneider

496 Jaldert-Jetse Deelstra

497 Judith Oomen

498 Laura Naemi Alders

499 Liese van Eldik

500 **11. ATTACHMENT 1: YEAR PLANNING**

**Yearplanning 2022-2023**

<u>Date</u>	<u>Activity</u>	<u>Committee</u>	<u># Activity by committee</u>
<u>November</u>			
09-10	Breakfast Club	/	1
10-11	Drink	Party & Drinks	1
16-11	SocioCultural activity	SocioCultural	1
21-11	Workshop	Workshop & Conference	1
22-11	Theme day	Initiative	1
22-11	Sport activity	Sports	1
29-11	Culture activity	Culture committee	1
30-11	Party	Party & Drinks	2
<u>December</u>			
06-12	Excursion	Workfield & Future	1
07-12	SocialCie activity	SocialCie	1
08-12	Freshmen activity	Freshmen	1
09-12 t/m 18-12	Ski trip	Ski trip	1
13-12	Theme day	Initiative	2
20-12	Student-teacher activity	Integration	1
21-12	Party	Party & Drinks	3
<u>January</u>			
31-01	Workshop	Workshop & Conference	2
<u>February</u>			
01-02	Breakfast Club	/	2
01-02	Publecture	Lecture	1
02-02	Insomnia	Festivities	1
06-02	Masterevening	Workfield & Future	2
07-02	GMA Biannual report	/	1
08-02	SocialCie activity	SocialCie	2
09-02 t/m 12-02	Citytrip	Citytrip	1
14-02	Theme day	Initiative	3
14-02	Small culture activity	Culture	2
15-02	Networking activity	Networking	2
16-02	Party	Party & Drinks	4
22-02	Sport activity	Sports	2
23-02	Lecture	Lecture	2
28-02	Experience your Future	Orientation	1

<u>March</u>			
01-03	Experience your future	Orientation	1
02-03	Heidag	Board	1
03-03 t/m 05-03	Active Members Weekend	SocialCie	3
06-03	Excursion	Workfield & Future	3
07-03	Theme day	Initiative	4
07-03	SocioCultural activity	SocioCultural	2
08-03	Party	Party & Drinks	5
<u>April</u>			
11-04	GMA selection committee	/	2
12-04	Breakfast club	Board	3
12-04	Conference	Workshop & Conference	3
14-04	Alumni activity Dutch	/	/
17-04	Integration activity	Integration	2
18-04	Theme day	Initiative	5
18-04	Freshmen activity	Freshmen	2
19-04	Culture big activity	Culture	3
20-04	Drink	Party & Drinks	6
21-04	Alumni activity English	/	/
22-04	Daytrip	City trip	2
25-04	Lecture	Lecture	3
28-04 t/m 07-05	Study trip	Study trip	1
28-04 t/m 30-04	Batavierenrace	Sports	3
<u>May</u>			
08-05 t/m 30-05	Lustrum weeks	Lustrum	/
<u>June</u>			
01-06	Excursion	Workfield & Future	4
06-06	GMA Proposed candidate	/	3
02-06	Drink	Party & Drinks	7
<u>September</u>			
11-09	Freshmen barbecue	Freshmen	3
12-09	Theme day	Initiative	6
13-09	Workshop	Workshop & Conference	4
18-09	Lecture	Lecture	4
19-09	GMA Policy	/	3
20-09	Psypop	SocioCultural	3
22-09 t/m 24-09	Freshmen weekend	Integration	3
26-09	Networking activity	Networking committee	2

27-09 28-09	Excursion Party	Workfield & Future Party & Drinks	5 8
<u>October</u> 03-10	GMA Budget	/	4

